Entertainment

'4 Ingredients' authors at library in Barnegat

By ED CONDRAN
FOR NJ PRESS MEDIA

When fledgling authors Kim McCosker and Rachael Bermingham decided to shop their cookbook, "4 Ingredients," four years ago, publishers didn't find the project too appetizing.

After one publishing house after another passed on the book about how to make myriad dishes with just four ingredients, the Australian pair went DIY (Do It Yourself).

"We decided to self-publish to see what would happen," McCosker said while calling from Manhattan. "We were like Avon ladies selling door to door. I would sell them at my son's tennis matches and swim meets or wherever I could get someone's ear."

The easygoing mothers, who have three children each, watched as their initial 2,000 books which set them back $22,000 sold within months.

After that bit of success, a publisher decided to take on the project, and "4 Ingredients" went through the roof. The book became the second best seller of 2008 in Australia behind J.K. Rowling's "Harry Potter and the Deathly Hallows." More than 3.6 million copies of "4 Ingredients" have been sold to date.

"I think people like the book because it's simple and the dishes are fabulous," McCosker said. "You really just need four ingredients and you can make something special."

The most important ingredient is flavor, according to McCosker.

"You don't have to settle for something boring," McCosker said. "If you have some chicken in your freezer and you have some salsa and jalapenos, you're on your way to a fantastic dinner. Too many ingredients can make dinner a chore. If you have a cup of peanut butter, an egg, some cinnamon and sugar, you can make some fabulous peanut butter cookies."

McCosker and Bermingham will make some of those peanut butter cookies for their appearance Thursday at the Ocean County Library in Barnegat. They will make some other treats for folks to sample and they will talk about "4 Ingredients" and sign copies.

"We're looking forward to seeing as many people as possible while we're here in New York," McCosker said. "We would love to get the word out about what we're doing."

McCosker and Bermingham, who also host a popular Aussie TV show, that's also dubbed "4 Ingredients," will also check out the sights in New York since they will be in the area until mid-April.

"We might have a book that's selling and a television show back home, but we'll do whatever everybody else does when they come to New York," McCosker said. "I want to see a Yankees game and see 'Wicked' on Broadway. I'm going to enjoy myself here. I have three sons under 10 at home and I can't remember the last time I sat down there. I want to spread the word here about our book and have a little fun too."

KIM McCOSKER AND RACHAEL BERMINGHAM
Thursday at the Ocean County Library, 112 Burr St., Barnegat
Call 609-698-3331 to reserve a spot

From 'Boy' to Boss

Indie film to screen in Red Bank

By STEPHEN BOVE
STAFF WRITER

Bruce Springsteen and Brick musician Chris Vaughn, maker of the documentary Jerseyboy Hero."

Imagine the quintessential chase movie, except the heroes are armed with nothing but Jersey attitude and a killer homegrown soundtrack.

And the villains? Well, there are none.

After nearly four years of blood, sweat and celluloid, the final cut of Shore auteur Chris Vaughn's feature-film debut, "Jerseyboy Hero," is set to be unveiled April 7 at Clearview Cinemas in Red Bank.

Conceived, shot and cut in the Garden State, the film documents the journey of Vaughn, a longtime musician, to get his debut album, "For Those That Have Ears," into the hands of one of the two of New Jersey's most iconic rock 'n' roll figures: Bruce Springsteen or Jon Bon Jovi.

What happens from there? You'll have to check out the film and find out, but let's just say Jersey audiences will appreciate the outcome, as well as the many instantly recognizable faces that pop up along the way.

"It's an inspirational tale, but it's also been a real trial for me, and you'll see that in the film," Vaughn says. "I've always been a musician, but somewhere along this journey, I fell in love with making films. From concept to finished print, I learned how to make a movie."

Vaughn, a graduate of Shore Regional High School in West Long Branch, lives in Brick with his wife, Shannon, and their two sons, who are 11 and 9. He's a water meter repairman for the township of Freehold, a place he has walked in search of Springsteen's imprint the world-famous musician was born and raised in the borough of Freehold.

In a broader sense, Vaughn says the movie is about pursuing the American Dream, having the courage to act on your life's greatest ambitions and overcoming even the most daunting of obstacles in order to gain recognition by the artists who have defined the New Jersey music scene for decades.

"Jerseyboy Hero" will screened at 8 p.m. Thursday, April 7, at Clearview Cinemas, 36 White St., Red Bank. Tickets are $13.75 at the door, and seating is first-come, first-served.

For more information, call 732-747-0335 or visit www.JerseyBoyHero.com or www.clearview cinemas.com.

Top 10 iTunes

SINGLES
1. "No Sleep," Wiz Khalifa
2. "Just Can't Get Enough," Black Eyed Peas
3. "E.T. (featuring Kanye West)," Katy Perry
4. "S&M," Rihanna
5. "Forget You," Cee Lo Green
6. "Look At Me Now (featuring Lil Wayne & Busta Rhymes)," Chris Brown
7. "Born This Way," Lady GaGa
8. "On the Floor (featuring Pitbull)," Jennifer Lopez
9. "Blow," Ke$ha
10. "Next 2 You (featuring Justin Bieber)," Chris Brown

ALBUMS
1. "Songs for Japan," Various Artists
2. "F.A.M.E.," Chris Brown
3. "21," Adele
4. "Angles," The Strokes
5. "Vices & Virtues," Panic! At the Disco
6. "I Remember Me," Jennifer Hudson
7. "Sigh No More," Mumford & Sons
8. "Hello Fear," Kirk Franklin
9. "Sucker Punch," Various Artists
10. "When You're Through Thinking Say Yes," Yellowcard

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732-255-7110

Bella Capelli Salon & Spa
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304 Route 9 Indian Plaza
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TODAY'S ANSWERS

WORD SLEUTH
Saturday's unlisted clue: IOWA

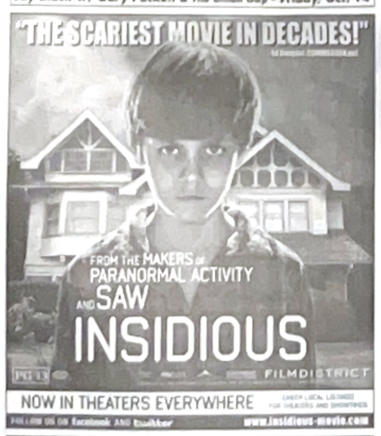
TODAY'S CRYPTOQUOTE: ALL LOVE SHIFTS AND CHANGES. I DON'T KNOW IF YOU CAN BE WHOLEHEARTEDLY IN LOVE ALL THE TIME. — JULIE ANDREWS

JUMBLE
Jumbles: POUCH ALONG CRUNCH PIGSTY
Answer: What one gets when they carpool with someone who won't stop talking — NO "YOU" TURNS

SUDOKU

7	8	4	3	2	1	6	9	5
1	5	6	9	4	8	7	2	3
2	3	9	6	7	5	8	1	4
5	9	3	2	8	4	1	6	7
6	4	1	7	5	9	2	3	8
8	7	2	1	3	6	5	4	9
3	1	8	5	9	2	4	7	6
9	2	5	4	6	7	3	8	1
4	6	7	8	1	3	9	5	2

FAMILY TIME CROSSWORD



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COMING SUNDAY
Police departments are making do with fewer cops, because towns often don't have enough money to hire replacements for retiring officers.

LOCAL

AMONG 46 ARRESTED IN STING
2 men indicted on money-laundering charges involving government witness Solomon Dwek.
STORY, PAGE A3

SALUTING THE PATRIOT FLAG
Little Egg Harbor community holds ceremony with flag that is touring all 50 states to honor the fallen of Sept. 11.
STORY, PAGE B1

STATE

DEADLINE APPROACHING
Governor jumps into fight over redistricting.
STORY, PAGE A3

NATION &WORLD

PREVENTING PREEMIE BIRTHS
Maker of expensive drug slashes price by more than half following outcry.
STORY, PAGE A8

BUSINESS

TROUBLED CLOTHING CHAIN
American Apparel says it may have to file for Chapter 11 bankruptcy protection.
STORY, PAGE A6

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BUSINESS	A6
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EDITORIALS	A11
MOVIES	B5
OBITUARIES	A9
SPORTS	C1
TV	B5

A GANNETT NEWSPAPER

Mortgage theft accusations grow

By MICHELLE SAHN
STAFF WRITER

3 MEN CHARGED: 27 clients say $7M stolen

FREEHOLD — Nine months ago, prosecutors filed charges against three men, alleging that a Manalapan-based mortgage company had stolen about $4 million from 11 of its clients.

Now, those numbers have grown to upward of $7 million and 27 victims, an assistant prosecutor said in court.

Assistant Monmouth County Prosecutor Nicole Colucci told a judge that authorities have delayed presenting the allegations to a grand jury because more victims continue to come forward in the state's case against Hawthorne Capital Corp.

The mortgage brokerage company had operated out of Manalapan, New York and Pennsylvania. Prosecutors allege the company arranged to refinance mortgages, then failed to pay off its clients' initial home loans, leaving victims with two outstanding mortgages.

Authorities said the three men maintained control over the entities that were used to conduct the refinances, and they stole the identity of an attorney, licensed in New York and New Jersey, and used that lawyer's information on the refinance documents.

All three men were charged in July with 11 counts of theft by failure to make required disposition of property and one count of identity theft.

See Broker, Page A5

RATING COUNTY HEALTH

Brenda Yarnold, 46, and husband Bart, 56, of Belmar, work on staying fit on the boardwalk despite the rain.

Monmouth, Ocean fit in N.J. rankings

By BILL BOWMAN
STAFF WRITER

Healthy living is nothing new for Lisa Purdon of Little Silver.

Several years ago, she decided to take a more active role in her family's health. "I have young kids, and I started to read about pesticides and food dyes and all the stuff we put in our foods," she said.

Purdon said she buys only organic or natural food and makes sure no one in her family eats anything that could have harmful ingredients.

"It's really for the health of our family and our kids," she said. "Once we started going organic, no one's sick like they used to be." And, she said, the organic food "tastes better, too."

A new report released this week found that Shore-area residents in general seem to be holding their own in terms of health issues. The study, called "County Health Rankings," places Monmouth as the sixth-healthiest county in New Jersey, with Ocean County ranked 10th.

Elsewhere in New Jersey, Hunterdon County ranked first, Morris County second and Somerset third.

The rankings were released this week by the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation. This is the second year of the rankings, which are meant to rate "the overall health of nearly every county in all 50 states by using a standard way to measure how healthy people are and how long they live," according to a news release.

See Health, Page A2

Lisa Purdon of Little Silver, shopping with daughter Sara and son Theodore (right foreground), reads the label on an item at Dean's Natural Food Market in Ocean Township.

Sex case defendant dead in garage

Investigated as a suicide

By CHARLES WEBSTER
STAFF WRITER

MILLSTONE TWP. — A township man facing charges of having sex with a 15-year-old boy was found dead at his home late Friday morning, according to Deputy First Assistant Monmouth County Prosecutor Richard Incremona.

Carlton A. Golden Jr., 53, was found dead by a relative inside the garage of his Sherrill Road home, around 11:30 a.m., said Lt. Ray Cox, Jackson Police.

"We are investigating this death as an apparent suicide," Jones said.

Golden's death comes after he was named as one of three men facing charges of second-degree sexual assault and third-degree endangering the welfare of a minor in connection with having sex with the teenage boy. He was charged as part of an ongoing State Police investigation, Incremona said.

Golden was accused of having sex with the boy at his Millstone residence on Oct. 1. He was arrested at his home by State Police on Feb. 26, and released after posting $250,000 full bail, according to Peter Boser, director of the Monmouth County Prosecutor's Office Sex Crimes and Child Abuse Bureau.

Daniel Dinnebeil, 23, of Gilmores Island Road in Toms River, and David Herzfeld, 55, of Walden Circle in Robbinsville, are each facing the same charges, according to State Police.

Herzfeld, a 22-year veteran employee of the state Department of Health and Senior Services, is also charged with engaging in prostitution with a minor.

See Death, Page A2

Jail addition to open with officer staffing in dispute

By ERIK LARSEN
STAFF WRITER

TOMS RIVER — A 2006 report commissioned to plan for the $55 million addition to the Ocean County Jail estimated more than 104 new employees, almost all corrections officers, would be hired to staff the expanded complex.

With the new wing to open next month, the county Board of Freeholders, which authorized the report, has hired just 28 new officers who are to graduate April 15 from the county police academy.

That is simply not enough, warns Jim Maribo, president of Policemen's Benevolent Association Local 258, which represents rank-and-file corrections officers at the jail.

Even without the addition, the jail is understaffed and officers are forced to work long hours in dangerous conditions. And it also has forced the department to spend millions on overtime pay.

In 2010, about $2 million was spent on overtime in the county Department of Corrections, more than any other county department, according to county records. The Sheriff's Department spent $1.2 million in overtime and the Prosecutor's Office spent $444,498 in overtime in 2010.

Overall, the county spent $5 million in overtime costs.

After county law enforcement, the biggest recipient of overtime pay were workers in the county Road Department with $286,706 in overtime.

In 2010, 14 corrections officers each collected more than $30,000 in overtime pay, with the highest earner — Officer William R. Thompson, a 20-year veteran of the department, almost doubling his base salary of $86,157 with $81,697.72 in overtime for a total amount of $168,854.72 last year.

See Overtime, Page A5

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